



## **AUTUMN OPEN MEET 2024 – TIMINGS\***

### **FRIDAY 25<sup>TH</sup> OCTOBER**

#### **SESSION ONE**

**Warm up 18:30 Start 19:00 Finish 21:00**

- Event 1 Female 800 M Freestyle
- Event 2 Open/Male 800 M Freestyle
- Event 3 Female 1500 M Freestyle
- Event 4 Open/Male 1500 M Freestyle
- Event 5 Female 400 M IM
- Event 6 Open/Male 400 M IM

### **SATURDAY 26<sup>TH</sup> OCTOBER**

#### **SESSION TWO**

**Warm up 11:30 Start 12:30**

- Event 7 Open/Male 200 M Butterfly
- Event 8 Female 50 M Breaststroke
- Event 9 Open/Male 50 M Backstroke
- Event 10 Female 200 M Backstroke
- Event 11 Open/Male 100 M Butterfly
- Event 12 Female 100 M Freestyle
- Event 13 Open/Male 100 IM

#### **SESSION THREE**

**Warm up 15:15 Start 16:15**

- Event 14 Female 200 M Freestyle
- Event 15 Open/Male 200 IM
- Event 16 Female 100 M Backstroke
- Event 17 Open/Male 100 M Breaststroke
- Event 18 Female 50 M Butterfly
- Event 19 Open/Male 50 M Freestyle
- Event 20 Female 200 M Breaststroke

### **SUNDAY 27<sup>TH</sup> OCTOBER**

#### **SESSION FOUR**

**Warm up 08:10 Start 08:30**

- Event 21 Female 400m Freestyle
- Event 22 Open/Male 400m Freestyle

#### **SESSION FIVE**

**Warm up 09:45 Start 11:00**

- Event 23 Female 200 M Butterfly
- Event 24 Open/Male 50 M Breaststroke
- Event 25 Female 50 M Freestyle
- Event 26 Open/Male 200 M Backstroke
- Event 27 Female 100 M Butterfly
- Event 28 Open/Male 100 M Freestyle
- Event 29 Female 100 IM

#### **SESSION SIX**

**Warm up 13:45 Start 14:45**

- Event 30 Open/Male 200 M Freestyle
- Event 31 Female 200 IM
- Event 32 Open/Male 100 M Backstroke
- Event 33 Female 100 M Breaststroke
- Event 34 Open/Male 50 M Butterfly
- Event 35 Female 50 M Backstroke
- Event 36 Open/Male 200 M Breaststroke

\*Correct at time of publication, there may be events occur that are beyond our control